Benchmarks

Effective flow cytometric phenotyping of cells using minimal amounts of antibody

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Here we introduce a modified antibody staining method that uses up to 80% less antibody for flow cytometry. We demonstrate this method for the detection of antigens expressed at high, moderate, or low levels in mouse and rat lymphocytes as well as mouse mammary epithelial

cells. We obtained reproducibly accurate results for the detection of up to seven parameters for activation induced-proliferation, cell cycle analysis, and phenotyping of cell-surface and intracellular antigens.

In multi-parameter flow cytometry, reagent selection, instrument parameters and staining protocol are crucial for sensitivity and accuracy. Experts in flow cytometry have long held that antibody concentration rather than cell number is essential to proper staining (1). Hence, the volumes of antibodies used in multi-parametric flow cytometry profoundly affect the cost of experimentation. If the staining volume can be reduced while cell numbers are kept appropriate for the experiment, assay costs could be reduced. Here, we describe a method to reduce staining volume from 100 μ L as recommended to 20 μ L. Considering that the average molecular weight of an antibody molecule is approximately 150,000 Dalton, 0.2 μ g antibody (= 1.33

picomoles) would contain about 8×10^{11} molecules (2). The average number of commonly used surface antigens expressed on leukocytes is between 10,000 and 100,000 molecules per cell (3–7). Thus, 0.2 μ g of antibody contains about 4 to 40 times the number of target antigen molecules present on 2 million lymphocytes (2×10^{10} to 2×10^{11} antigen molecules). At small staining volumes, the residual medium remaining above the cell pellet can affect the final concentration of antibody available for staining cells. We hypothesized that by carefully removing the supernatant and titrating the antibody concentration in a smaller staining volume, the amount of antibody required for each sample could be reduced significantly. For this purpose, we postulated that the surface fluorescence of 2 million cells stained with 0.2 μ g antibody in a minimum staining volume (20 μ L) would be comparable to 2 million cells stained with the normally recommended 1.0 μ g antibody in 100 μ L staining volume.

To establish the low-volume staining protocol, resting and activated lympho-

cytes were collected, counted, and centrifuged in 1.7 mL Eppendorf tubes at a speed of 5000xg, higher than the traditionally used speed of 1250xg for 5 mL tubes. The pellets obtained by this method were more compact, thus facilitating low volume staining. The supernatant was carefully removed as described in the Supplementary material. Using a 200 μ L tip to remove the residual supernatant without disturbing the cell pellet ensured equal staining in multiple samples. The resulting volume of the cell pellet containing 2 million cells was measured and found to be about 1.4 μ L for resting lymphocytes and 2.25 μ L for activated lymphocytes. The pellet was loosened by gently tapping the tube and an antibody mixture containing either 0.1 μ g, 0.2 μ g, or 0.4 μ g of each antibody in 20 μ L or 1.0 μ g of each antibody in 100 μ L was added. We used a combination of seven fluorochromes, namely FITC, PE, PE-cy5, APC, APC-cy7, PE-cy7, and Hoechst/Dylight405. We selected antibodies to quantify the expression of antigens at high ($>10^5$ per cell; CD45 and CD3 ϵ), moderate ($\sim 10^5$ per cell; CD4 and CD8), or variable (none to $>10^5$ per cell; $\gamma\delta$ TCR, CD24, CD127, CD29, CD49f) levels. This method was used for enumeration of cells found at moderate to high frequency (CD3+, CD4+ or CD8+ T cells in the spleen, or luminal and basal epithelial cells in the mammary epithelium) or low frequency ($\gamma\delta$ TCR+ T cells and NK cells in the spleen or mammary stem cells) (3–12). For the low-volume staining protocol, all antibodies were titrated for 0.5 to 5 million freshly isolated leukocytes (Supplementary Figure S1) and 0.2 μ g of antibody in a 20 μ L volume was found to be optimal with the Z-scores closest to zero (Supplementary Table S1). We compared lymphocytes stained with 0.2 μ g of each antibody in a 20 μ L volume to lymphocytes stained by the classical method using 1.0 μ g of each antibody in a 100 μ L volume (Figure 1). All six parameters and the DNA content showed a similar staining pattern and distribution of cellular subsets between the low and high volume staining protocols (Figure 1A and Supplementary Table S1). We observed that the $\gamma\delta$ TCR+ T cells expressed higher levels of CD29 and CD127 when compared with CD4+ and CD8+ T cells (Figure 1B), which is a novel finding. Since different T cell subsets expressed variable levels of CD29 and CD127, the peaks of CD29+ and CD127+ cells were broad as reflected in

Figure 1. Seven-color flow cytometric analysis of freshly isolated lymphocytes by the classical and low-volume antibody staining methods. (A) Histograms and pseudo color dot plots (from left to right) showing CD3-APC, CD4-PE-cy5/CD8-APC-cy7, CD3-APC/γδTCR-PE, CD29-FITC/CD127-PE-cy7, and Hoechst staining. The upper row shows the results of staining 2×10^6 cells with 0.2 μg antibody in a 20 μL volume and the lower row shows results of staining 2×10^6 cells with 1.0 μg antibody in a 100 μL volume. (B) Histograms depicting expression of CD29 and CD127 on CD4+ (red line), CD8+ (blue line), and γδTCR+ (black line) T cells. Mean fluorescence intensity (MFI) for each cell type is shown in the inset. Data shown are from one of three samples and two such independent experiments were carried out. Z scores comparing the modified low volume staining method to the 1.0 μg/100μl staining method are shown in Supplementary Table S1.

their high coefficient of variation (CV) (Supplementary Table S2).

To validate this low-volume staining protocol for different flow cytometric applications, we performed proliferation assays, cell cycle analysis, cell surface staining, and intracellular staining. Mouse leukocytes were stained with carboxy fluorescein diacetate succinimidyl ester (CFSE) and stimulated *in vitro* with concanavalin A (1 μg/mL) or plate-bound CD3 and soluble CD28 antibodies. Subsequently, cell cycle analysis was done by Hoechst staining and cell surface phenotyping was done using a combination of CD3, γδTCR, CD4, and CD8 antibodies. Figure 2 shows the proliferation-dependent decrease in CFSE fluorescence for CD3+, CD4+, CD8+, and γδTCR+ T cells using the low-volume staining protocol (Figure 2A) compared with the classical staining protocol (Figure 2B). The

results demonstrate that downscaling the staining volume did not affect the quality of fluorescent signal for these immunological assays. The low-volume staining protocol was also suitable for the measurement of five parameters for rat lymphocytes (CD3, CD4, CD8, γδTCR, and CD161α; Supplementary Figure S2).

Finally, the low-volume staining protocol was utilized for the phenotyping of mouse mammary epithelial cells using seven parameters, namely CD24, CD29, CD44, CD31/CD45, CD49f, CD61, and DNA content. A restriction strategy was used to gate out red blood cells, doublets, hematopoietic cells, and endothelial cells based on DNA content, FSC/SSC width, CD45, and CD31, respectively (Figure 3A). Using the low-volume staining protocol, previously reported populations of mouse mammary epithelial cells including

luminal, basal, and stem progenitor cells (10–12) could be quantitatively identified based on CD24 and CD49f expression as well as CD24 and CD29 expression (Figure 3B). Subsequently, we gated CD24^{neg}CD44^{high} cells and dividing cells (containing more than 2nDNA) and found that the latter were enriched in the CD24^{high}CD29^{high} population and expressed higher levels of CD49f and CD61 (Figure 3C), which is an observation not previously reported in the literature for mouse mammary epithelial cells. The enrichment of dividing cells in the mouse mammary gland CD24^{high}CD29^{high} population expressing higher levels of CD49f was similar to that of actively dividing cells in rat mammary epithelial cells (13).

Multiple experiments in our lab, including more than 100 mice and more than 700 rats, yielded comparable results, ensuring reproducibility of this method

Figure 2. Six-color flow cytometric analysis of activated and proliferating T cells by the classical and modified methods for antibody staining. Pseudo color dot plots showing CD3-APC, $\gamma\delta$ TCR-PE, CD4-PE-cy5, CD8-APC-cy7, and Hoechst staining in CFSE (1 μ M) stained cells stimulated with concanavalin A (1 μ g/mL; middle row) or plate bound CD3 (5 μ g/mL) + soluble CD28 (1 μ g/mL) antibodies (lower row) compared with unstimulated cultured cells (upper row). (A) Results of staining 2×10^6 cells with 1.0 μ g antibody in 100 μ L and (B) 2×10^6 cells with 0.2 μ g antibody in 20 μ L. On the right, overlaid histograms demonstrate the loss of CFSE fluorescence showing proliferation of CD4+ (red line), CD8+ (blue line), and $\gamma\delta$ TCR+ (black line) T cells. Data shown are from one of three samples and two such independent experiments were carried out.

for flow cytometric characterization of leukocytes and mammary epithelial cells (13–14). Besides cell surface phenotyping (CD24, CD29, CD31, CD45, CD61, and CD49f), we successfully used the low volume protocol for intracellular staining (cytokeratin 14, cytokeratin 19, focal adhesion kinase, smooth muscle actin) of rat mammary epithelial cells and mammary carcinomas (13). By increasing the relative centrifugal force to pellet the cells, carefully reducing the medium volume to just above the pellet, and reducing the staining volume, up to 80 percent of each antibody can be saved without compromising the accuracy or

reproducibility of multi-parameter flow cytometry data.

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Competing interests

The authors declare no competing interests.

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Figure 3. Flow cytometric characterization of mouse mammary epithelial cells stained by the modified method. (A) Gating for live cells based on DNA content, separation of single cells by FSC width and SSC width, and gating for CD45-CD31⁺ cells. (B) Pseudo color plot of CD24/CD49f expression, dot plot of CD24/CD29 expression, histogram of CD61 expression in luminal cells, pseudo color plot of CD24/CD44 expression, and histogram of DNA content for cell cycle analysis in CD45-CD31⁺ mouse mammary epithelial cells. (C) Overlaid dot plots and histograms showing CD24/CD49f or CD24/CD29, CD61, CD44, and CD49f expression in total CD45-CD31⁺ cells (red) compared with actively dividing cells containing >2n DNA (black). Data shown are from one of six mice and three such independent experiments were carried out.

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